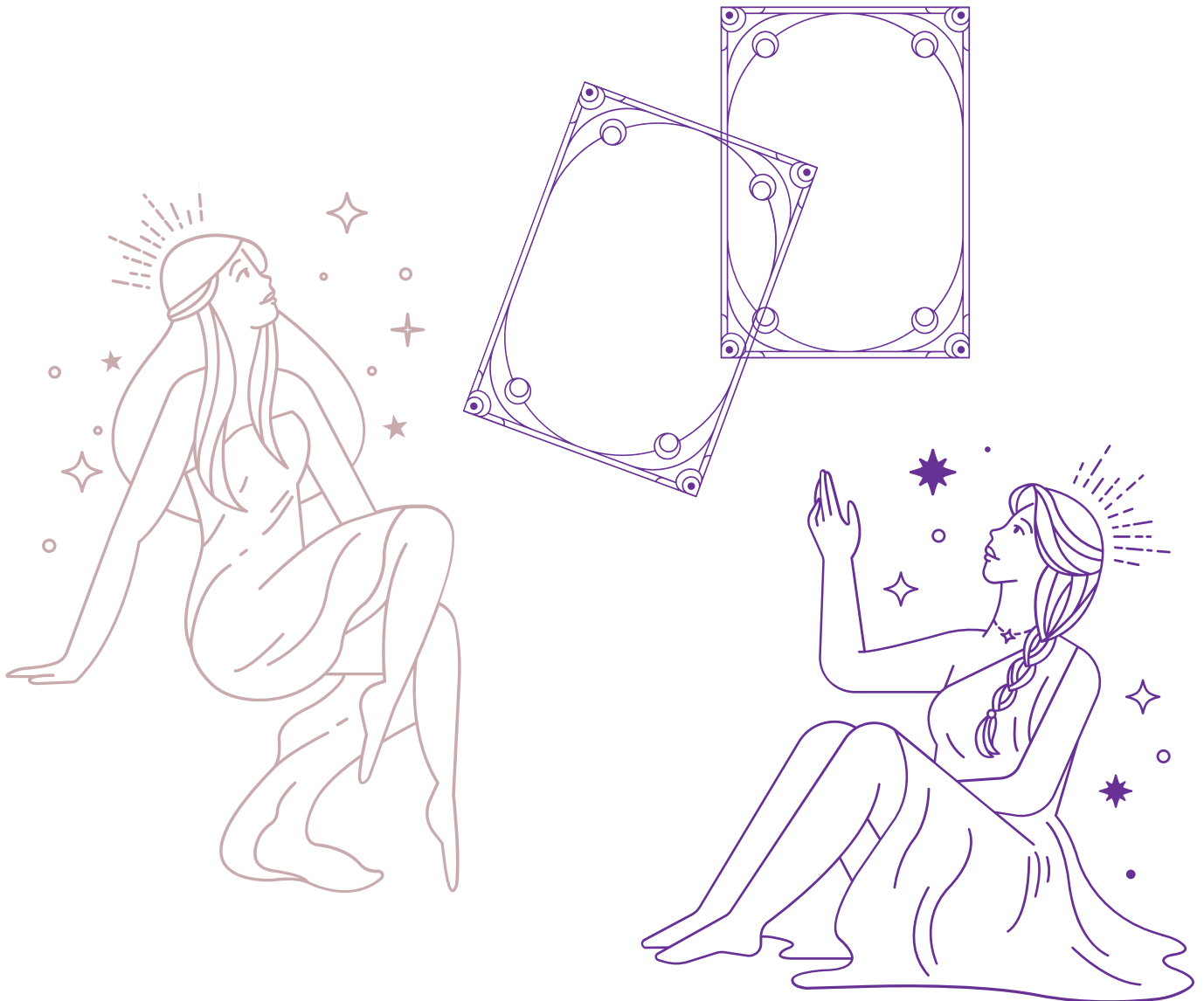
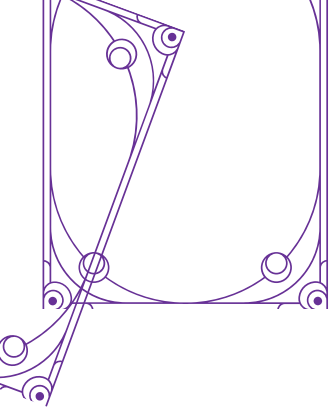




5 GODDESS WOMB HEALING SPREADS

CONNECTS THE HEALING PROCESS WITH
THE GODDESS ENERGY, SYMBOLIZING
DIVINE FEMININE POWER AND WISDOM.





PERSONAL INTRODUCTION

WELCOME, BEAUTIFUL SOUL!

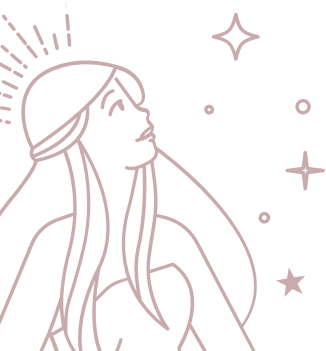
I'M SO HONORED THAT YOU'RE HERE, TAKING THIS SACRED JOURNEY INTO THE DEPTHS OF YOUR WOMB SPACE THROUGH THE POWERFUL TOOL OF TAROT. WHETHER YOU'RE LOOKING TO HEAL PAST WOUNDS, CONNECT WITH YOUR DIVINE FEMININE, OR BIRTH NEW CREATIVE ENERGY, THESE TAROT SPREADS HAVE BEEN CAREFULLY DESIGNED TO SUPPORT YOU.

WOMB HEALING IS A PROFOUND PROCESS OF RECLAIMING THE POWER WITHIN. OUR WOMBS HOLD STORIES—OF CREATION, LOVE, AND SOMETIMES PAIN. AS WOMEN, WE CARRY NOT ONLY OUR OWN EXPERIENCES BUT THE WISDOM AND ENERGY OF OUR ANCESTORS. THROUGH INTENTIONAL HEALING, WE CAN RELEASE THE OLD, EMBRACE OUR POWER, AND RECONNECT WITH OUR NATURAL RHYTHMS OF CREATION AND ABUNDANCE.

THESE SPREADS HAVE BEEN CRAFTED WITH DEEP INTENTION, COMBINING WOMB WISDOM, DIVINE FEMININE ENERGY, AND ANCESTRAL HEALING. IT IS MY HOPE THAT THESE CARDS WILL GUIDE YOU IN UNLOCKING YOUR UNIQUE PATH TO HEALING AND TRANSFORMATION.

THANK YOU FOR TRUSTING ME TO WALK THIS PATH WITH YOU. MAY THESE SPREADS BRING YOU CLARITY, EMPOWERMENT, AND DEEP CONNECTION TO THE MAGIC WITHIN.

WITH LOVE AND HEALING LIGHT,
CHELSEA K VELA

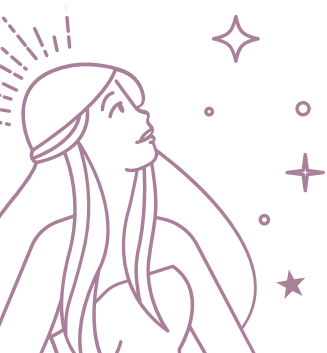


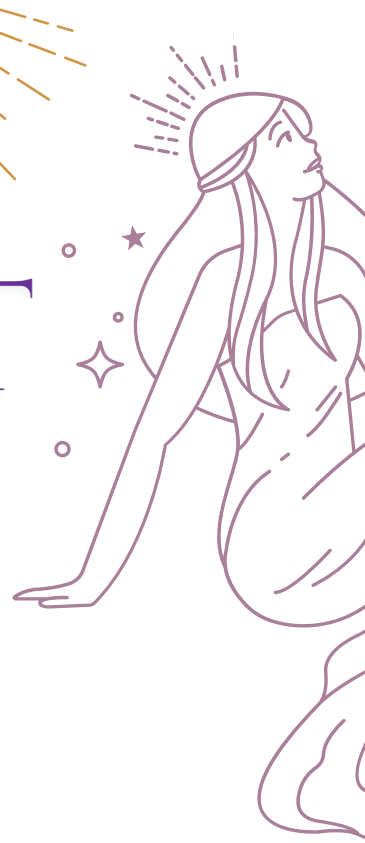
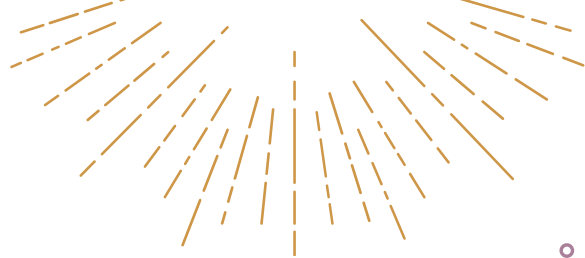


HOW TO USE THESE SPREADS

THESE SPREADS ARE DESIGNED TO GUIDE YOU THROUGH VARIOUS ASPECTS OF WOMB HEALING, FROM RELEASING OLD WOUNDS TO EMBRACING CREATIVE ENERGY, CONNECTING WITH YOUR DIVINE FEMININE, AND MORE. EACH SPREAD FOCUSES ON A SPECIFIC THEME, WITH CAREFULLY CURATED QUESTIONS TO HELP YOU EXPLORE THE MESSAGES HELD WITHIN YOUR WOMB SPACE.

YOU CAN USE THESE SPREADS WITH EITHER **TAROT** OR **ORACLE** CARDS—WHICHEVER RESONATES MORE WITH YOU. ORACLE CARDS OFTEN OFFER A MORE FLUID AND INTUITIVE MESSAGE, WHILE TAROT PROVIDES STRUCTURED, SYMBOLIC GUIDANCE. BOTH ARE POWERFUL TOOLS FOR HEALING, SO FEEL FREE TO CHOOSE BASED ON YOUR OWN PREFERENCE OR MIX AND MATCH AS YOU FEEL CALLED.





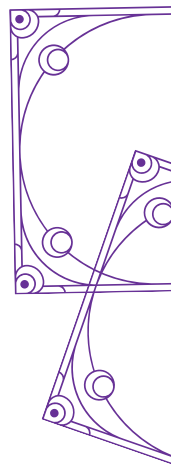
HOW TO GET STARTED

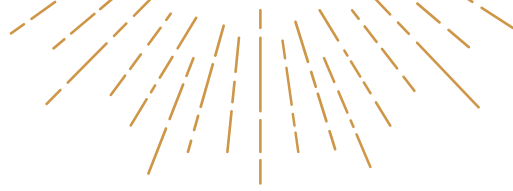
PREPARE YOUR SPACE

BEFORE USING THE SPREADS, CREATE A SACRED SPACE WHERE YOU CAN FEEL GROUNDED AND CENTERED. YOU MIGHT LIGHT A CANDLE, BURN SOME INCENSE, OR PLACE CRYSTALS THAT RESONATE WITH YOUR INTENTION (SUCH AS MOONSTONE, ROSE QUARTZ, OR CARNELIAN). TAKE A FEW DEEP BREATHS AND CONNECT WITH YOUR BODY, ESPECIALLY YOUR WOMB SPACE. SET AN INTENTION FOR YOUR READING. WHAT ARE YOU HOPING TO EXPLORE OR HEAL?

SHUFFLE YOUR CARDS WITH INTENTION

WHETHER YOU'RE USING TAROT OR ORACLE CARDS, SHUFFLE YOUR DECK WHILE HOLDING THE QUESTIONS FROM THE SPREAD IN YOUR MIND OR SAYING THEM OUT LOUD. ALLOW YOUR ENERGY TO INFUSE THE CARDS, FOCUSING ON THE AREA OF HEALING YOU WISH TO ADDRESS. WHEN YOU FEEL READY, DRAW YOUR CARDS ONE AT A TIME, LAYING THEM OUT IN THE FORMATION PROVIDED FOR THE SPREAD.





INTERPRETING THE CARDS

EACH CARD POSITION IN THE SPREAD CORRESPONDS TO A SPECIFIC QUESTION. AS YOU REVEAL EACH CARD, CONSIDER ITS MEANING IN RELATION TO THE POSITION. YOU CAN USE YOUR OWN KNOWLEDGE OF TAROT OR ORACLE INTERPRETATIONS OR SIMPLY FOLLOW YOUR INTUITION—THERE IS NO RIGHT OR WRONG WAY. THE CARDS ARE TOOLS TO UNLOCK THE MESSAGES ALREADY WITHIN YOU. FEEL FREE TO JOURNAL YOUR THOUGHTS AS YOU MOVE THROUGH THE READING.

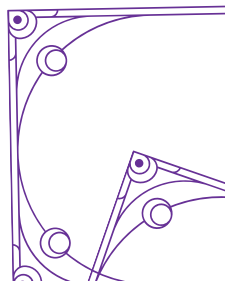
REFLECT AND INTEGRATE

ONCE ALL THE CARDS ARE LAID OUT AND YOU'VE GONE THROUGH THEIR MEANINGS, TAKE SOME TIME TO REFLECT ON THE OVERALL MESSAGE OF THE SPREAD. HOW DO THE CARDS CONNECT TO EACH OTHER? WHAT EMOTIONS OR REALIZATIONS CAME UP DURING THE READING? ALLOW YOURSELF TIME TO INTEGRATE THIS WISDOM. YOU MAY WANT TO JOURNAL YOUR THOUGHTS OR REVISIT THE READING LATER AS YOU PROCESS THE MESSAGES. YOU CAN ALSO TAKE PHOTOS TO COME BACK TO THE READING.

OPTIONAL RITUALS

AFTER YOUR READING, YOU MIGHT FEEL CALLED TO DO SOMETHING TO HONOR THE ENERGY YOU'VE UNLOCKED—WHETHER IT'S A MEDITATION, A SIMPLE WOMB HEALING RITUAL, OR A SELF-CARE PRACTICE. TRUST YOUR INTUITION HERE AND

★ DO WHAT FEELS MOST NOURISHING.





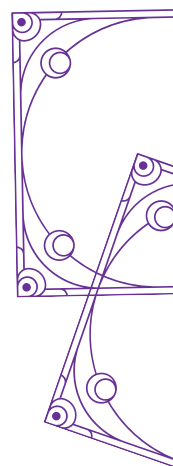
WORKING WITH EACH SPREAD



EACH SPREAD IN THIS GUIDE IS FOCUSED ON A UNIQUE ASPECT OF WOMB HEALING:

- **WOMB HEALING & RELEASING SPREAD:** THIS SPREAD HELPS YOU RELEASE PAST WOUNDS OR BLOCKS STORED IN YOUR WOMB SPACE, BRINGING CLARITY AND HEALING.
- **CREATIVITY & BIRTH SPREAD:** DESIGNED TO CONNECT YOU WITH YOUR CREATIVE POWER, THIS SPREAD HELPS YOU NURTURE NEW PROJECTS, IDEAS, OR LIFE STAGES.
- **FERTILITY & ABUNDANCE SPREAD:** FOCUS ON CULTIVATING ABUNDANCE AND FERTILITY, WHETHER PHYSICAL, EMOTIONAL, OR SPIRITUAL.
- **DIVINE FEMININE CONNECTION SPREAD:** DEEPEN YOUR CONNECTION TO YOUR DIVINE FEMININE ENERGY, EMBRACING INTUITION, LOVE, AND SELF-EMPOWERMENT.
- **ANCESTRAL WOMB WISDOM SPREAD:** CONNECT WITH THE WISDOM AND STRENGTH PASSED DOWN THROUGH YOUR LINEAGE, AND HEAL ANCESTRAL WOUNDS.

YOU CAN USE **TAROT** OR **ORACLE** CARDS FOR ANY OF THESE SPREADS. TRUST YOUR INTUITION TO GUIDE YOU TO THE DECK THAT RESONATES MOST WITH THE ENERGY YOU'RE WORKING WITH. THERE IS NO SET ORDER—USE THE SPREAD THAT CALLS TO YOU IN THE MOMENT, WHETHER FOR A ONE-TIME READING OR AS PART OF YOUR ONGOING HEALING PRACTICE.



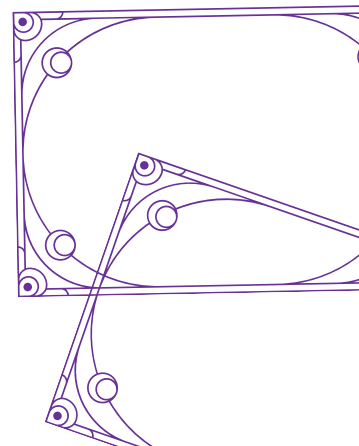


Words of Encouragement

As you embark on this sacred journey through the Goddess Womb Healing Spreads, remember that healing is a deeply personal and cyclical process. Just like the phases of the moon or the changing seasons, your journey through womb healing will have its own rhythm. Some days may bring profound breakthroughs, while others may invite you to simply hold space for yourself as you process old emotions or patterns. Both are equally valuable, and every step brings you closer to the power that lies within your womb.

Trust yourself as you move through these spreads. The cards are a tool to help you access the wisdom that already exists within you. As you continue to work with them, you'll deepen your relationship with your womb and your divine feminine energy, unlocking new layers of creativity, intuition, and healing.

Don't feel pressured to rush through this work. Take your time. Revisit the spreads as often as you feel called to. Healing isn't linear, and you may find that the same spread brings different insights at different times, depending on where you are on your path.



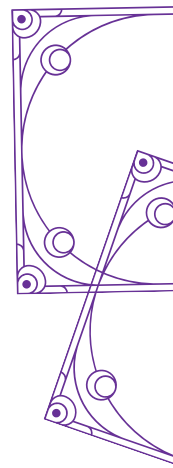


WORDS OF ENCOURAGEMENT

AS YOU EMBARK ON THIS SACRED JOURNEY THROUGH THE GODDESS WOMB HEALING SPREADS, REMEMBER THAT HEALING IS A DEEPLY PERSONAL AND CYCLICAL PROCESS. JUST LIKE THE PHASES OF THE MOON OR THE CHANGING SEASONS, YOUR JOURNEY THROUGH WOMB HEALING WILL HAVE ITS OWN RHYTHM. SOME DAYS MAY BRING PROFOUND BREAKTHROUGHS, WHILE OTHERS MAY INVITE YOU TO SIMPLY HOLD SPACE FOR YOURSELF AS YOU PROCESS OLD EMOTIONS OR PATTERNS. BOTH ARE EQUALLY VALUABLE, AND EVERY STEP BRINGS YOU CLOSER TO THE POWER THAT LIES WITHIN YOUR WOMB.

TRUST YOURSELF AS YOU MOVE THROUGH THESE SPREADS. THE CARDS ARE A TOOL TO HELP YOU ACCESS THE WISDOM THAT ALREADY EXISTS WITHIN YOU. AS YOU CONTINUE TO WORK WITH THEM, YOU'LL DEEPEN YOUR RELATIONSHIP WITH YOUR WOMB AND YOUR DIVINE FEMININE ENERGY, UNLOCKING NEW LAYERS OF CREATIVITY, INTUITION, AND HEALING.

DON'T FEEL PRESSURED TO RUSH THROUGH THIS WORK. TAKE YOUR TIME. REVISIT THE SPREADS AS OFTEN AS YOU FEEL CALLED TO. HEALING ISN'T LINEAR, AND YOU MAY FIND THAT THE SAME SPREAD BRINGS DIFFERENT INSIGHTS AT DIFFERENT TIMES, DEPENDING ON WHERE YOU ARE ON YOUR PATH.





A FEW LAST WORDS OF GUIDANCE

- HONOR YOUR BOUNDARIES: WOMB HEALING CAN BRING UP DEEP EMOTIONS AND MEMORIES. BE GENTLE WITH YOURSELF AND LISTEN TO YOUR BODY. IF A SPREAD FEELS TOO INTENSE IN THE MOMENT, IT'S OKAY TO PAUSE AND COME BACK TO IT WHEN YOU FEEL READY.
- CELEBRATE YOUR PROGRESS: HEALING ISN'T JUST ABOUT OVERCOMING CHALLENGES—IT'S ALSO ABOUT CELEBRATING YOUR GROWTH AND HONORING YOUR JOURNEY. TAKE TIME TO REFLECT ON HOW FAR YOU'VE COME, AND HONOR THE SMALL SHIFTS AS MUCH AS THE BIG ONES.
- INTEGRATION IS KEY: AFTER EACH READING, GIVE YOURSELF SPACE TO INTEGRATE THE MESSAGES YOU'VE RECEIVED. JOURNALING, MEDITATION, OR EVEN JUST RESTING CAN HELP YOU ABSORB THE WISDOM OF THE CARDS. TRUST THAT THE HEALING IS HAPPENING, EVEN IF THE RESULTS AREN'T IMMEDIATE.

REMEMBER, YOU ARE NOT ALONE ON THIS JOURNEY. YOU ARE HELD BY THE ENERGY OF YOUR ANCESTORS, THE DIVINE FEMININE, AND THE EARTH HERSELF. EACH TIME YOU CONNECT WITH YOUR WOMB, YOU ARE RECONNECTING WITH THE SOURCE OF YOUR POWER AND INTUITION. LET THESE SPREADS SERVE AS YOUR GUIDE, YOUR MIRROR, AND YOUR COMPASS, AS YOU CONTINUE TO HEAL, GROW, AND STEP FULLY INTO YOUR GODDESS SELF.

THANK YOU FOR ALLOWING ME TO BE PART OF YOUR JOURNEY. MAY THIS GUIDE BRING YOU THE CLARITY, HEALING, AND EMPOWERMENT YOU SEEK.

WITH LOVE AND LIGHT,
YOUR FRIEND





Invocation Prayer for Goddess Womb Healing



Divine Mother, Sacred Goddess, and Guardians of the Womb,

I call upon you now as I enter this sacred space of healing.

I honor the divine feminine energy within me, the power of creation, and the deep wisdom held in my womb.

Guide me as I journey within, to release what no longer serves and embrace the gifts of healing, creativity, and abundance.

I ask for your protection, grace, and love to surround me, as I connect with the ancient knowledge of my ancestors, and the wisdom passed down through my lineage.

May this space be blessed with light, clarity, and peace as I open myself to receive your messages.

Help me to listen deeply, trust fully, and integrate the healing I need in this moment.

I surrender to your divine wisdom and trust the path that unfolds before me.

I call forth the energies of the earth, the moon, and the stars, to hold me in their loving embrace as I explore my sacred womb space.

I thank you for your guidance, for holding me in your light, and for helping me heal.

With love, gratitude, and an open heart, I enter this sacred journey.

And so it is so.





INVOCATION PRAYER FOR GODDESS WOMB HEALING

DIVINE MOTHER, SACRED GODDESS, AND GUARDIANS OF THE WOMB,

I CALL UPON YOU NOW AS I ENTER THIS SACRED SPACE OF HEALING.

I HONOR THE DIVINE FEMININE ENERGY WITHIN ME, THE POWER OF CREATION, AND THE DEEP WISDOM HELD IN MY WOMB.

GUIDE ME AS I JOURNEY WITHIN, TO RELEASE WHAT NO LONGER SERVES AND EMBRACE THE GIFTS OF HEALING, CREATIVITY, AND ABUNDANCE.

I ASK FOR YOUR PROTECTION, GRACE, AND LOVE TO SURROUND ME, AS I CONNECT WITH THE ANCIENT KNOWLEDGE OF MY ANCESTORS, AND THE WISDOM PASSED DOWN THROUGH MY LINEAGE.

MAY THIS SPACE BE BLESSED WITH LIGHT, CLARITY, AND PEACE AS I OPEN MYSELF TO RECEIVE YOUR MESSAGES.

HELP ME TO LISTEN DEEPLY, TRUST FULLY, AND INTEGRATE THE HEALING I NEED IN THIS MOMENT.

I SURRENDER TO YOUR DIVINE WISDOM AND TRUST THE PATH THAT UNFOLDS BEFORE ME.

I CALL FORTH THE ENERGIES OF THE EARTH, THE MOON, AND THE STARS, TO HOLD ME IN THEIR LOVING EMBRACE AS I EXPLORE MY SACRED WOMB SPACE.

I THANK YOU FOR YOUR GUIDANCE, FOR HOLDING ME IN YOUR LIGHT, AND FOR HELPING ME HEAL.

WITH LOVE, GRATITUDE, AND AN OPEN HEART, I ENTER THIS SACRED JOURNEY.

AND SO IT IS SO.



WOMB WISDOM LOVE NOTES



WRITE DOWN THE INSIGHTS THAT GUIDE YOUR JOURNEY

USE THIS SPACE TO CAPTURE KEY WORDS OR INSIGHTS FROM EACH CARD YOU PULL.
TRUST YOUR INTUITION AND NOTE THE MESSAGES THAT STAND OUT.

FOR DEEPER REFLECTION, USE YOUR OWN JOURNAL TO FURTHER EXPLORE THE
MEANINGS AND HOW THEY CONNECT TO YOUR WOMB HEALING JOURNEY.

DATE:

CARD 1:

CARD 2:

CARD 3:

CARD 4:

CARD 5:

CARD 6:

OVERALL MESSAGE:



Womb Wisdom Reflective Prompts

WRITE DOWN THE INSIGHTS THAT GUIDE YOUR JOURNEY



If you feel called, use the questions provided to guide your thoughts and feelings. Trust your intuition and write down any insights or emotions that arise. Use your journal for these reflections. This process will help you connect more deeply with each card's wisdom on your healing journey.

How does this reading make me feel?

What immediate message or insight do I receive?

How does this reading connect to my current womb healing journey?

What action or intention can I set based on this guidance?

What patterns, memories, or emotions are being triggered?

What deeper wisdom or healing is this card inviting me to explore?

How can I apply this card's message to take meaningful action in my healing journey?



WOMB WISDOM REFLECTIVE PROMPTS

WRITE DOWN THE INSIGHTS THAT GUIDE YOUR JOURNEY

IF YOU FEEL CALLED, USE THE QUESTIONS PROVIDED TO GUIDE YOUR THOUGHTS AND FEELINGS. TRUST YOUR INTUITION AND WRITE DOWN ANY INSIGHTS OR EMOTIONS THAT ARISE. USE YOUR JOURNAL FOR THESE REFLECTIONS. THIS PROCESS WILL HELP YOU CONNECT MORE DEEPLY WITH EACH CARD'S WISDOM ON YOUR HEALING JOURNEY.

HOW DOES THIS READING MAKE ME FEEL?

WHAT IMMEDIATE MESSAGE OR INSIGHT DO I RECEIVE?

HOW DOES THIS READING CONNECT TO MY CURRENT WOMB HEALING JOURNEY?

WHAT ACTION OR INTENTION CAN I SET BASED ON THIS GUIDANCE?

WHAT PATTERNS, MEMORIES, OR EMOTIONS ARE BEING TRIGGERED?

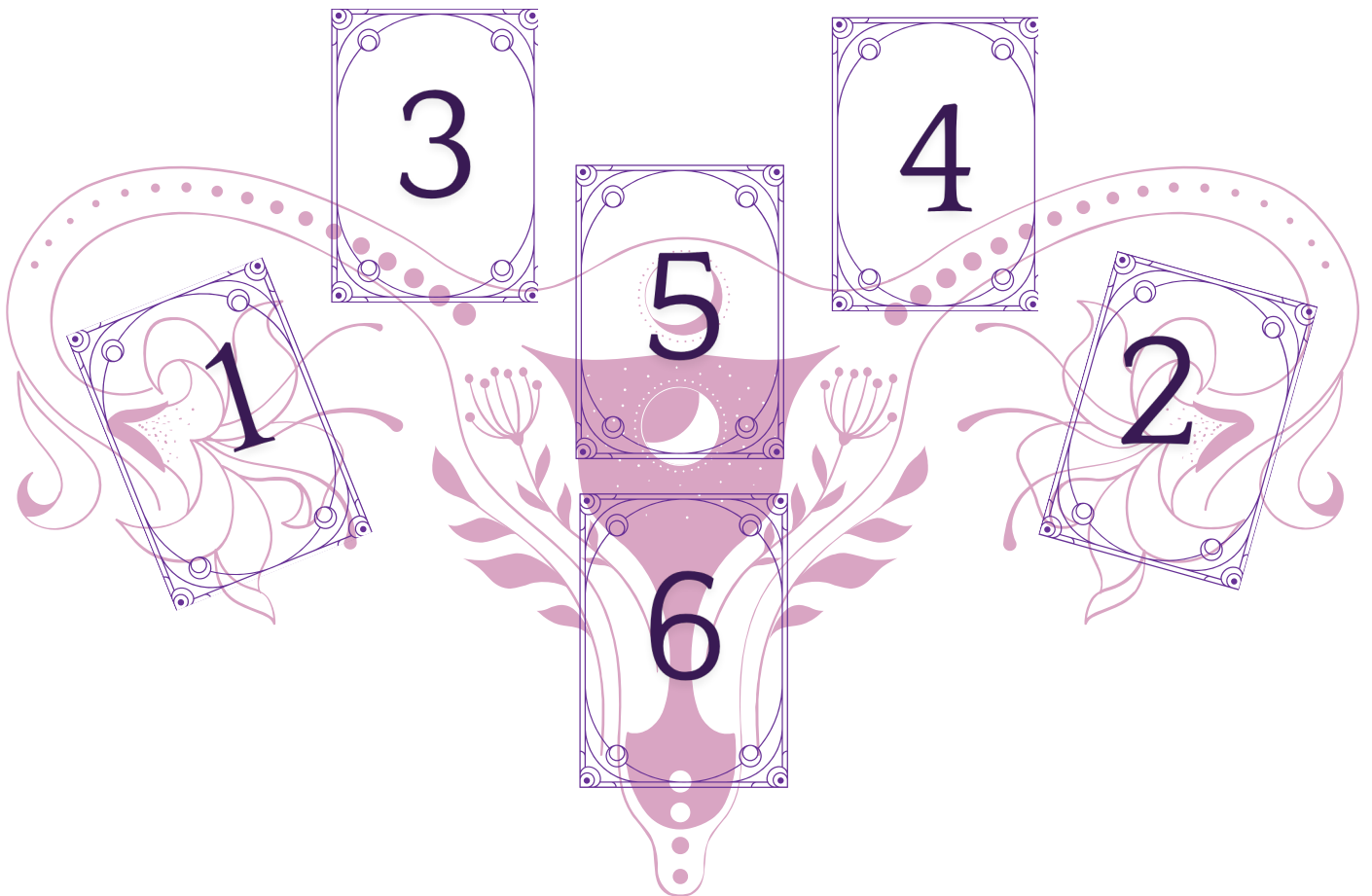
WHAT DEEPER WISDOM OR HEALING IS THIS CARD INVITING ME TO EXPLORE?

HOW CAN I APPLY THIS CARD'S MESSAGE TO TAKE MEANINGFUL ACTION IN MY HEALING JOURNEY?



Womb Healing & Releasing Spread

RELEASE, HEAL, AND RECLAIM THE POWER OF YOUR WOMB



Card 1: What is the core wound I need to release from my womb space?

Card 2: What emotions or experiences are holding me back from healing this wound?

Card 3: What is the root cause of this wound?

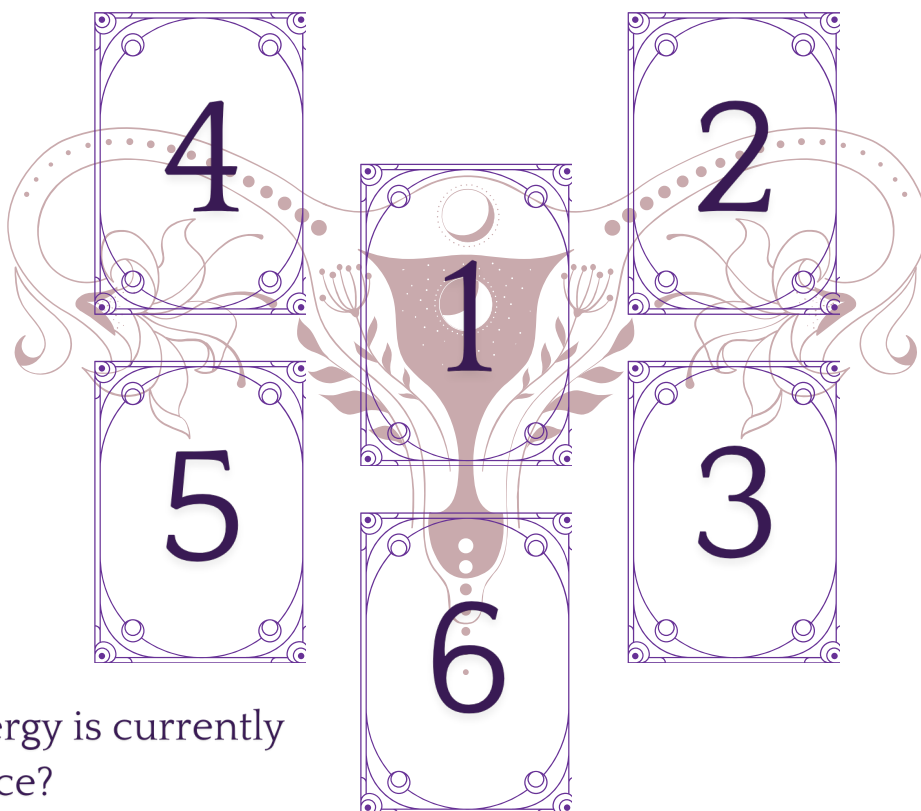
Card 4: What action can I take to begin the healing process?

Card 5: What energy should I embrace to fully release this wound?

Card 6: How will my womb space be transformed after this release?

Creativity & Birth Spread

AWAKEN YOUR WOMB'S CREATIVE POWER TO BIRTH NEW DREAMS



Card 1: What creative energy is currently blocked in my womb space?

Card 2: What new creation or project is waiting to emerge from my womb energy?

Card 3: How can I nurture and develop this creative force?

Card 4: What obstacles do I need to overcome to give birth to this creation?

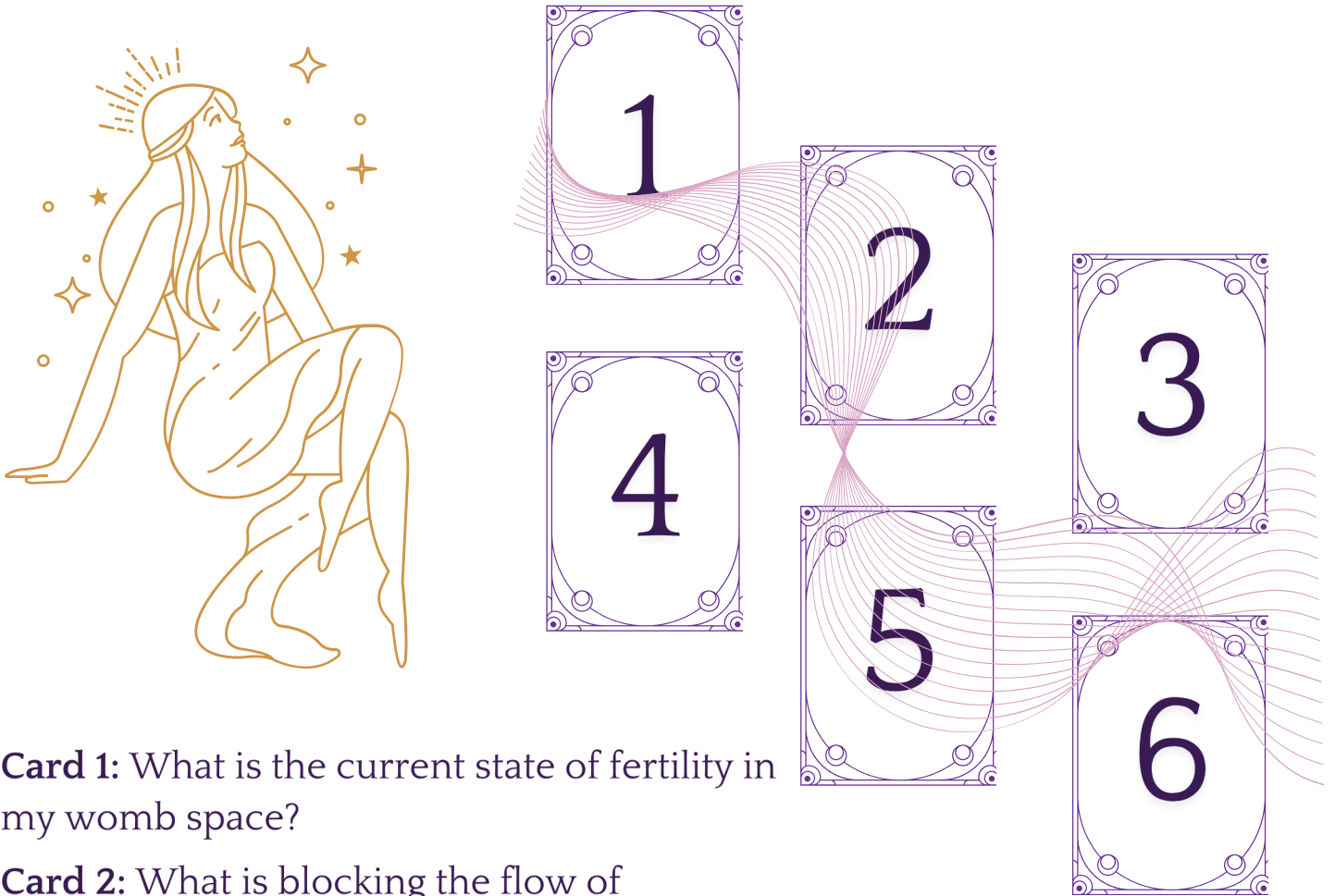
Card 5: How can I align with my divine feminine to support this process?

Card 6: What will this creation bring into my life once it is realized?



Fertility & Abundance Spread

UNLOCK THE FLOW OF FERTILITY AND ABUNDANCE IN YOUR LIFE



Card 1: What is the current state of fertility in my womb space?

Card 2: What is blocking the flow of abundance and fertility in my life?

Card 3: What energy do I need to cultivate to promote fertility and abundance?

Card 4: What steps should I take to manifest this abundance?

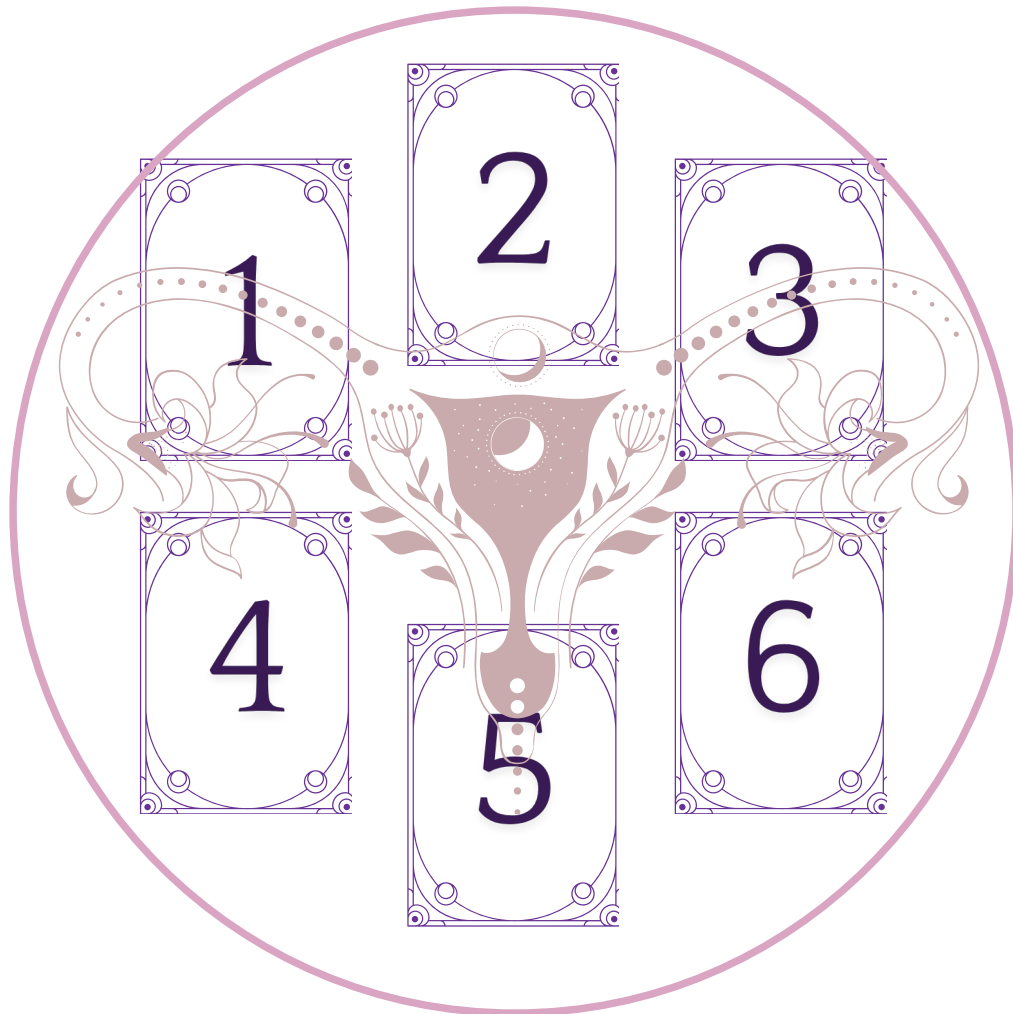
Card 5: How can I nurture and protect this growth?

Card 6: What is the ultimate outcome of allowing abundance to flow through my womb space?



Divine Feminine Connection Spread

EMBRACE THE SACRED WISDOM OF YOUR DIVINE FEMININE ENERGY



Card 1: What aspect of the divine feminine am I disconnected from?

Card 2: How can I open myself to receiving divine feminine energy?

Card 3: What limiting beliefs or fears prevent me from fully embracing this energy?

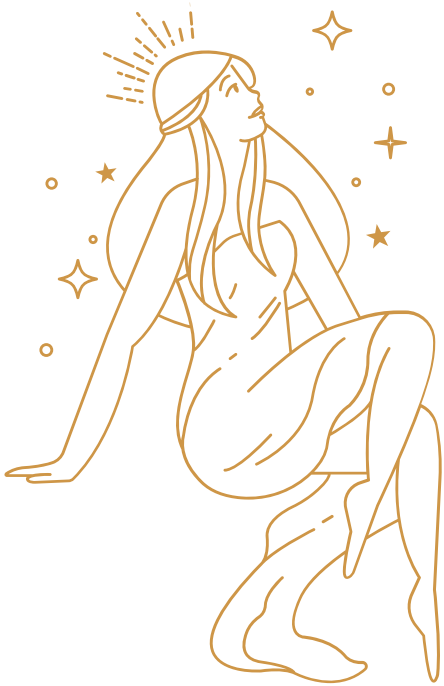
Card 4: How can I nurture my inner goddess and divine feminine power?

Card 5: What practices will support my divine feminine awakening?

Card 6: How will my life change once I fully embody the divine feminine?

Ancestral Womb Wisdom Spread

CONNECT WITH THE ANCESTRAL WISDOM STORED IN YOUR WOMB



Card 1: What ancestral trauma or wisdom is stored in my womb?

Card 2: What message do my ancestors have for me regarding my womb healing?

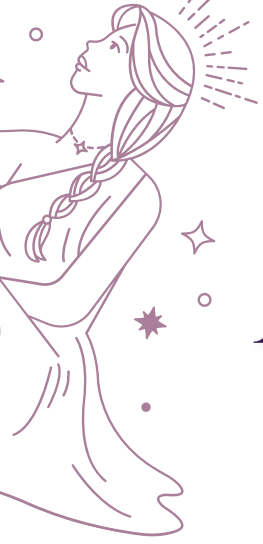
Card 3: What patterns or wounds have I inherited that need healing?

Card 4: How can I honor my ancestors while healing these wounds?

Card 5: What strength or gift has been passed down to me from my lineage?

Card 6: How can I incorporate ancestral wisdom into my womb healing journey?





A HEARTFELT THANK YOU



I WANT TO TAKE A MOMENT TO EXPRESS MY DEEPEST GRATITUDE FOR EMBARKING ON THIS SACRED JOURNEY WITH THE GODDESS WOMB HEALING SPREADS. YOUR DECISION TO EXPLORE THESE SPREADS SPEAKS VOLUMES ABOUT YOUR COURAGE, YOUR COMMITMENT TO SELF-HEALING, AND YOUR DESIRE TO CONNECT MORE DEEPLY WITH YOUR DIVINE FEMININE ENERGY.

IN CHOOSING TO WORK WITH THESE SPREADS, YOU HAVE OPENED THE DOORWAY TO PROFOUND HEALING, PERSONAL GROWTH, AND A RECONNECTION TO THE ANCIENT WISDOM THAT LIES WITHIN YOUR WOMB SPACE. EACH CARD YOU PULL, EACH REFLECTION YOU MAKE, BRINGS YOU CLOSER TO UNLOCKING THE POWERFUL ENERGY THAT HAS ALWAYS BEEN WITHIN YOU.

THIS JOURNEY IS NOT ALWAYS EASY—IT REQUIRES VULNERABILITY, TRUST, AND THE WILLINGNESS TO FACE PARTS OF OURSELVES THAT HAVE LONG BEEN HIDDEN. I HONOR THE STRENGTH YOU'VE SHOWN IN TAKING THESE STEPS. HEALING IS NOT LINEAR, AND WHEREVER YOU ARE ON YOUR PATH, KNOW THAT YOU ARE HELD, GUIDED, AND SUPPORTED BY THE ENERGIES OF THE EARTH, YOUR ANCESTORS, AND THE DIVINE FEMININE.

MAY THE INSIGHTS AND HEALING YOU'VE RECEIVED THROUGH THESE SPREADS CONTINUE TO RIPPLE THROUGH YOUR LIFE, BRINGING CLARITY, EMPOWERMENT, AND TRANSFORMATION. I HOPE YOU CONTINUE TO REVISIT THESE SPREADS AS TOOLS FOR GUIDANCE, REFLECTION, AND PERSONAL EVOLUTION, KNOWING THAT EACH READING WILL UNFOLD NEW LAYERS OF WISDOM.

THANK YOU FOR ALLOWING ME TO BE A PART OF YOUR HEALING PROCESS. IT IS AN HONOR TO WALK THIS PATH WITH YOU. I WISH YOU CONTINUED BLESSINGS ON YOUR WOMB HEALING JOURNEY—MAY IT BE FILLED WITH LOVE, LIGHT, AND ABUNDANT WISDOM.

WITH ALL MY HEART,
CHELSEA VELA

